

Introduction to Motivational Interviewing

Who is the session for?

Frontline staff working with adults and young people who wish to work with clients in the process of changing their drug and alcohol using behaviour.

Session objectives:

By the end of the session participants will have

- An awareness of the process of change and understand when and how a client may be displaying motivation to change
- Considered the stages, tasks and interventions relating to the cycle of change
- Explored the principles underpinning the technique
- Had an opportunity to practice some key skills

This course supports the attainment of the following DANOS competencies AA2 AB2 AC1 AF2 A11

Course reference	MI1	MI2	MI3	MI4
Date	29&30 April 09	10&11 June 09	28&29 Sept 09	3&4 Feb 10
Venue	Kerrison Conference & Training Centre, Thorndon, Nr Eye IP23 7JG			
Time	1000 – 1500 hours			
Fee (please see folder for exemptions)	£100			
To book this course please complete the form enclosed in the training folder or contact: Carole Makinson Tel: 01473 265172 email: carole.makinson@suffolk.gov.uk				

Cancellation Policy

Please note there will be no charge for cancellations received **in writing** within 14 days of the course. However, if notice of cancellation is not received in writing, a fee of **£60** will be charged for non-attendance. Please note – delegates can transfer their place on a course to a colleague from their organisation.

